

# PRACTICE PLAN

(PDCA Model)

For Practice Date \_\_\_\_\_

## PLAN - Set Goals, Scope and Order of Practice

**What Skills?**

**Which Drills? (Move Drills to Active Tab)**

**What to take?**

- Gun & Holster
- Ammo
- CC Book of Drills
- Targets
- Concealment Garment
- Other -

Live Fire Practice

**DO – Shoot & Record**

Dry Fire Practice

**Record Drill Numbers or Titles Here with Results and Comments**

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## CHECK – Evaluate Results and Draw Conclusions

**Observations of Measurable Results**

Improved - Maintained - Declined - Surprised

**Conclusions of Cause (Good or Bad)**

Physical Skill - Mental Skill - Equipment - External

Practice Again

**ACT – What to Change and Do Next**

See my Trainer

**Skills Flagged to Improve Next including Weakest Link and Next Steps to Address Improvement**

# The PDCA Continuous Improvement Cycle

## The Student Practice Cycle



# The PDCA Continuous Improvement Cycle

## The Trainer Influenced - Student Practice Cycle

